Name	Date	

Time to Hit the Gym

wants to break an Olympic record. 1st student wants to break an Olympic record. 2nd student is's trainer, and tells 1st student 1st student
to use the treadmill It's a moving strip of rubber you run on. If you run faster than the strip, you'll crash into the front. If you run too slowly, you'll fly off the back. But 's energy bars will get them moving!
Tick Tick Tick
1 jogs for 7 ½ minutes to warm up jogs just 2 ½ minutes – the trainer shouldn't 1st student have to work as hard, right? How much longer did jog? 1st student jog?
2 is just as competitive, and chugs down 2 1/3 power shakes another food 1st student doesn't even need the help, and sips just 1 ½ power shakes. How much shake did they drink in total?
3. How much more shake did drink than? 3rd student 1st student
4, who hates the gym, grabs a power bar and sneaks out! The square street block is 245 ½ feet long on each side. If runs 1 full lap around the block, how far does run? 4th student